



Suggested Formula	Fluoxetine Hydrochloride 5.6 mg Oral Chewable Treats (Solid Suspension, 60 x 1 mL Chewable Treats)	FIN	F 005 950v2
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**Note:** Fluoxetine Hydrochloride 5.6 mg is equivalent to Fluoxetine 5 mg.

### SUGGESTED FORMULATION

Ingredient Listing	Qty.	Unit	NDC #	Supplier	Lot Number	Expiry Date
Fluoxetine Hydrochloride, USP	0.336	g				
Glycerin (A), USP**	6.0	mL				
Stevia Powder	0.18	g				
Beef Flavor (Powder)	1.50	g				
Medisca Gelatin Gum Base	TBD					
Commercial Dried Dog Food Pellets	TBD					

\*\*Note: Caprylic/Capric Triglyceride can be used to replace Glycerin to reduce stickiness.

### SPECIAL PREPARATORY CONSIDERATIONS

#### Ingredient-Specific Information

**Light sensitive** (protect from light whenever possible):

*Fluoxetine Hydrochloride*

**Hygroscopic** (protect from moisture whenever possible):

*Glycerin, Stevia Powder, Gelatin Gum Base*

#### Suggested Preparatory Guidelines

Non-Sterile Preparation     Sterile Preparation

#### Processing Error /

#### Testing Considerations:

To account for processing error considerations during preparation, it is suggested to measure an additional **5 to 9%** of the required quantities of ingredients.

#### Special Instruction:

Protective apparel, such as a lab coat, disposable gloves, eyewear and face-masks should always be worn.

This procedure requires the use of very small quantities of ingredients. All calculations and preparation techniques must be verified before dispensing the final product.



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### SUGGESTED PREPARATION (for 60 x 1 mL Chewable Treats)

Weigh and / or measure the following ingredients when appropriate:

Ingredient Listing	Qty.	Unit	Multiplication factor <sup>(*)</sup> : _____	Processing Error	Qty. to measure
Fluoxetine Hydrochloride, USP §	0.336	g			
Glycerin (A), USP §	6.0	mL			
Stevia Powder §	0.18	g			
Beef Flavor (Powder)	1.50	g			
Medisca Gelatin Gum Base §	TBD				
Commercial Dried Dog Food Pellets	TBD				

\* Takes into account increased batch size conversions and density conversions, if required.

§ Weigh / measure just prior to use.

Preparatory Instruction	
1.	<b><u>Mold calibration:</u></b> Determine the required quantity of each individual excipient for 60 Chewable Treats. Refer to Appendix for details.
2.	<b><u>Mold lubrication:</u></b> A. Lubricate all parts of the Chew-A-Treat™ Mold with suitable vegetable spray and set aside.  <u>Note:</u> Selected vegetable spray needs to be compatible with API(s) and all other ingredients within the formulation.



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3. **Powder preparation:**

- A. Triturate the Commercial Dried Dog Food Pellets (amount calculated in Appendix Step 7Ai) to form a fine, homogeneous powder blend.
- B. By geometric addition, combine and triturate the following ingredients together to form a fine, homogeneous powder blend.
- Fluoxetine Hydrochloride
  - Beef Flavor (Powder)
  - Stevia Powder
- C. By geometric addition, combine and mix the following ingredients together to form a homogeneous mixture:
- Fine, homogeneous powder blend (Step 3B)
  - Fine, homogeneous powder blend (Step 3A)
- D. Transfer the mixture (Step 3C) to a beaker and incrementally add the Glycerin (A).

Specifications: Continuously mix until homogeneous.

End result: Homogeneous moist blend.

Note: The mixture will have a sand-like texture. If it begins to stick to your stirring device or beaker, you can simply scrape it off and continue mixing.

4. **Medium integration:**

- A. Using a sharp blade or scissors, cut and weigh the required quantity of the Gelatin Gum Base (amount calculated in Appendix Step 7Ai).
- B. Using the hot plate, heat this quantity of Gelatin Gum Base until molten.

Specifications: Maintain temperature between 60°C and 65°C.

**IMPORTANT:** Do not allow the temperature to exceed 65°C.

- C. Using the hot plate, incrementally add the homogeneous moist blend (Step 3D) to the Molten Gelatin Gum Base (Step 4B).

Specifications: Continuously mix until homogeneous.  
Maintain temperature between 60°C and 65°C.

End result: Homogeneous thick, sticky paste-like dispersion.



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5.	<p><b><u>Mold filling:</u></b></p> <p>A. Properly lubricate gloves (thumbs, forefingers, and palms) throughout filling.</p> <p>B. Continuing to heat the mixture between 60 to 65°C, remove a marble-sized quantity of the mixture at a time and roll it between your thumb and forefinger to form a cylinder. Pack the 60 mold cavities with these cylinders and scrape off any excess with pre-lubricated plastic scraper.</p> <p>C. Once the treats have been packed down with an extractor, apply a thin layer of lubricant to give a shining surface.</p> <p>D. Allow the treats to cool at room temperature for at least 15 minutes and then remove them from the mold using the extractor.</p>		
6.	<p><b><u>Validation technique:</u></b></p> <p>A. Weigh 12 chewable treats.</p> <p>B. The final weight of each chewable treat shall not be less than 90% and not more than 110% of the theoretically calculated weight in accordance to USP guidelines. The theoretically calculated weight can be determined by adding the following values: <b>0.15996 g + [from the Appendix (Step 6Ai/60)]</b>.</p>		
7.	<p><b><u>Product transfer:</u></b></p> <p>Transfer the final product into the specified dispensing container (see “Packaging Requirements”).</p>		



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**SUGGESTED PRESENTATION**

Estimated Beyond-Use Date	30 days, as per USP.	Packaging Requirements	Manually put into light-resistant Chew-A-Treat blisters and cold sealed with foil labels.	
Auxiliary Labels	1	Use as directed. Do not exceed prescribed dose.	6	Keep in a dry place.
	2	Keep out of reach of children.	7	Protect from light.
	3	Keep at room temperature (20°C – 23°C).	8	Discard container after use.
	4	Consult your health care practitioner if any prescription or over-the-counter medications are currently being used or are prescribed for future use.	9	For canine use only.
	5	Do not take with alcohol, sleep aids, tranquilizers or other CNS depressants.	10	May impair mental and/or physical ability.
Pharmacist Instructions	Add any auxiliary labels specific to the API to the dispensing container as deemed necessary.			
Patient Instructions	Contact your pharmacist in the event of adverse reactions.			



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## REFERENCES

1.	Lozenges/Troches. In: Allen, LV, Jr. <i>The Art, Science and Technology of Pharmaceutical Compounding Third Edition</i> . American Pharmaceutical Association; 2008: 153.
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5.	Fluoxetine (Monograph). In: O'Neil MJ. <i>The Merck Index 14<sup>th</sup> Edition</i> . Whitehouse Station, NJ: Merck & Co, Inc.; 2006: #4185.
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7.	Fluoxetine Hydrochloride (Monograph). <i>United States Pharmacopeia XXXVII / National Formulary 32</i> . Rockville, MD. US Pharmacopeial Convention, Inc. 2014: 3035.
8.	Fluoxetine Systemic. Thomson Micromedex. <i>USP DI – Drug Information for the Health Care Professional, 26<sup>th</sup> Edition</i> . Taunton, MA: US Pharmacopeial Convention, Inc; 2006: 1517.
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Appendix	Chewable Treat mold calibration		
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**Preparatory Instruction**

1. A. Weigh and / or measure the following ingredients:

Ingredient	Quantities
Glycerin (B), USP	4 mL
Stevia Powder	0.12 g
Beef Flavor (Powder)	1.00 g
Medisca Gelatin Gum Base	15.66 g
Commercial Dried Dog Food Pellets	31.80 g

**Notes:** Measure the exact amount specified. Do not consider processing error for calibration step.  
Data in this calibration table are based on a 4.0 mL mold size.

2. **Powder preparation:**

- A. Triturate the Commercial Dried Dog Food Pellets to form a fine, homogeneous powder blend.
- B. By geometric addition, combine and triturate the following ingredients together to form a fine, homogeneous powder blend.
- Beef Flavor (Powder)
  - Stevia Powder
- C. By geometric addition, combine and mix the following ingredients together to form a homogeneous mixture:
- Fine, homogeneous powder blend (Step 2B)
  - Fine, homogeneous powder blend (Step 2A)
- D. Transfer the mixture (Step 2C) to a beaker and incrementally add the Glycerin (B).

**Specifications:** Continuously mix until homogeneous.

**End result:** Homogeneous moist blend.

**Note:** The mixture will have a sand-like texture. If it begins to stick to your stirring device or beaker, you can simply scrape it off and continue mixing.



Appendix	Chewable Treat mold calibration		
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3.	<p><b><u>Medium integration:</u></b></p> <p>A. Using the hot plate, heat the Gelatin Gum Base until molten.</p> <p><u>Specifications:</u> Maintain temperature between 60°C and 65°C.</p> <p>IMPORTANT: Do not allow the temperature to exceed 65°C.</p> <p>B. Using the hot plate, incrementally add the homogeneous moist blend (Step 2D) to the Molten Gelatin Gum Base (Step 3A).</p> <p><u>Specifications:</u> Continuously mix until homogeneous. Maintain temperature between 60°C and 65°C.</p> <p><u>End result:</u> Homogeneous thick, sticky paste-like dispersion.</p>
4.	<p><b><u>Mold filling:</u></b></p> <p>A. Lubricate all parts of the Chew-A-Treat™ Mold with suitable vegetable spray and set aside.</p> <p><u>Note:</u> Selected vegetable spray needs to be compatible with API(s) and all other ingredients within the formulation.</p> <p>B. Properly lubricate gloves (thumbs, forefingers, and palms) throughout filling.</p> <p>C. Continuing to heat the mixture between 60 to 65°C, remove a marble-sized quantity of the mixture at a time and roll it between your thumb and forefinger to form a cylinder. Pack the 5 mold cavities with these cylinders and scrape off any excess with pre-lubricated plastic scraper.</p> <p>D. Once the treats have been packed down with an extractor, apply a thin layer of lubricant to give a shining surface.</p> <p>E. Allow the treats to cool at room temperature for at least 15 minutes and then remove them from the mold using the extractor.</p>





Appendix	Chewable Treat mold calibration		
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5. **Calculate the average chewable treat weight:**

A. Weigh the five treats and record the total weight here (not including weight of the empty chewable treat mold): \_\_\_\_\_ g

B. Calculate the average Chewable Treat weight:

Combined weight of the Chewable Treat (from Step 5A) \_\_\_\_\_ g

DIVIDED BY

Number of Chewable Treats 5

EQUALS

**i. Average (theoretical) Chewable Treat weight (4 mL)** \_\_\_\_\_ g

DIVIDED BY

Volume of the Chewable Treats 4 mL

EQUALS

**ii. Average (theoretical) Chewable Treat weight (1 mL)** \_\_\_\_\_ g



Appendix	Chewable Treat mold calibration		
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6. **Ingredient calculation:**

A. Determine the actual quantity of Chewable Treats Base required for the batch (60 Chewable Treats):

Total Volume of the batch (60 x 1.0 mL)	60.0 mL
MINUS	
<b><u>Glycerin (A) from main formula</u></b>	6.0 mL
EQUALS	
Quantity of Chewable Treats Base in mL	54.0 mL
MULTIPLIED BY	
Average treat weight [from Step 5Bii (g/1 mL = g/mL)]	_____ g
MINUS	
Quantity (in g) of [Fluoxetine Hydrochloride (0.336 g) + Stevia Powder (0.18 g) + Beef Flavor (1.50 g)] x 0.7 (Displacement factor) for the batch	1.4112 g
EQUALS	
<b>i. Quantity of Chewable Treats Base required for 60 treats</b>	_____ g



Appendix	Chewable Treat mold calibration		
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7. **Ingredient calculation:**

A. Determine the actual quantity of Gelatin Gum Base and Commercial Dried Dog Food Pellets fraction required for the batch (60 Chewable Treats):

Gelatin Gum Base fraction ( $6Ai \times \frac{1}{3}$ )	_____ g
MULTIPLIED BY	
Processing error adjustments (5 to 9%)	1.05 to 1.09
EQUALS	
<b>i. Weight of Gelatin Gum Base required for 60 Chewable Treats</b>	_____ g
Commercial Dried Dog Food Pellets fraction ( $6Ai \times \frac{2}{3}$ )	_____ g
MULTIPLIED BY	
Processing error adjustments (5 to 9%)	1.05 to 1.09
EQUALS	
<b>ii. Weight of Commercial Dried Dog Food Pellets required for 60 Chewable Treats</b>	_____ g

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